



PENNSYLVANIA COUNSELING  
ASSOCIATION

*A Branch of the American Counseling Association*

# PCA Inc

PCA, INC

FALL 2016

**Main Office**  
PO Box 8222  
Philadelphia, PA 19101  
[pacounselingassociation@gmail.com](mailto:pacounselingassociation@gmail.com)

**2016—2017**

**PCA Officers**

**President**

Charles Jacob, PhD

**President-Elect**

Linda Thompson, PhD, LPC, LMFT

**Past-President**

Paul Datti, PhD, CRC, HS-BCP

**Secretary**

Kristen Hawk

**Treasurer**

Derek Parker

**PCA Inc Editor**

Minna Davis, MA, LPC, NCC

**INSIDE THIS ISSUE:**

|   |    |
|---|----|
| President's Message                     | 1  |
| President-Elect's Message               | 2  |
| Past-President's Message                | 3  |
| Conference Co-Chairs Message            | 4  |
| Conference Workshops                    | 5  |
| Reflections of Graduate Student Liaison | 8  |
| Call for Papers                         | 9  |
| Career Center                           | 10 |
| Ad Guidelines                           | 11 |
| Contact Information                     | 12 |

## President's Message

*Charles Jacob, PhD*



Greetings PCA Members:

I hope everyone is adjusting to the end of the summer and that – for those of you that are students or faculty – the fall semester is going smoothly. Things on my end have been intense as ever, with lots of traveling, teaching, and exciting goings on with PCA. I'll try to keep this note focused on the conference, government affairs, and recruiting new members, but feel free to buy me a drink at the conference reception if you want to hear about my time abroad!

I want to say once more how excited I have been with the status of our upcoming conference, as the final agenda and current registration tallies seem to suggest this will be one of our best ever. We had a record number of submissions this year, and the current program (included with this newsletter) certainly showcases the caliber of proposals we received. This conference has always been one of my favorite events of the year, and I'm looking forward to seeing old friends and new in State College this November!

I've tried my best to be "loud and proud" about our recent advocacy efforts with a law firm in Harrisburg, so let me assure you once more that PCA is pushing hard to provide quality representation for LPCs in Pennsylvania. We've been working with our representative to solidify plans for the coming year. This includes responding to important bills (such as HB 1415) with equal parts diplomacy and initiative, as well as beginning the process of pushing

forward our own legislative goals starting in January. A big part of this process is continuing to define what a "counselor" is in the state of PA in contrast to the other branches of mental health. To that end, myself and the government relations committee have put together a brochure that will be available on the PCA website to help clarify our vision. Once we get this up in the next month or so, feel free to reach out to me directly if you have any feedback.

Let me end by saying how grateful I am to all of you that pay your dues and contribute your time to PCA... but I'm going to again point out that we still have lots of work to do in terms of recruitment. At present, there are more counselors in our state than any other branch of mental health, and yet our membership consistently hovers at around 7% of LPCs. If we could get that percentage just a little bit higher, the things we could accomplish with regard to lobbying could be astounding for our profession. As such, get the word out! Make sure you tell every LPC you know about these ongoing efforts and encourage them to join!

Hope all is well,

*Charles*  
[jacob@lasalle.edu](mailto:jacob@lasalle.edu)



# President-elect's Message

*Linda Thompson, PhD, LPC, LMFT*



This has been a busy quarter as president-elect. I attended the ACA Institute for Leadership Training in Washington, DC in July and was very moved by the energy of both the branches and divisions around the two identified initiatives for ACA this year. I hope all of you are equally passionate about exploring the developmental issues for LGBT individuals and how we can impact competency and social justice for this marginalized population. Each of the branches was also charged with developing emerging leaders that represent the diversity of our states. I feel very strongly that this is a charge that PCA should take seriously and hope to have members who want to explore leadership opportunities, or those who never thought about leadership, but would like to be mentored contact me about how we can support this journey.

The other topic that came out of the ILT this summer was the need for all ACA groups, whether branches or divisions to start having "Courageous Conversations" around the issue of social justice and how we operate and represent the counseling field in not only promoting social justice, but ensuring we are practicing in an inclusionary and empowering way as organizations. I feel very passionate about this and will be working with the board to create opportunities for this courageous conversations over the next two years. I encourage members to reach out to me if you want to participate or facilitate any of these conversations.

The priority during this time of year is the annual conference. The 48<sup>th</sup> annual Fall Conference is really coming together as a very exciting event. With the introduction of the Pre-conference Institute on LGBT concerns in counseling, we hope to launch a continued effort to focus on issues of great importance in Counseling in a timely and comprehensive way.

This year it is all about Creativity and Innovation in Counseling, and we have been working hard to organize a conference that is inclusive of the spectrum of counseling roles.

Please refer to the update from the conference committee on the agenda we have for 2016.

*Linda*

[drlindathompson@gmail.com](mailto:drlindathompson@gmail.com)



## Past-President's Message

*Paul A. Datti, Ph.D., CRC, HS-BCP*



I hope you are as excited as I am after reading our President's message! PCA is becoming a bit of a steamroller of late, and I am thrilled to be a part of it. As I reflect back on my dozen or so years as a member, I smile as I think of its evolution. Indeed, PCA has been a terrific organization since its inception, and it's exciting to hear about the great stuff we are doing to advocate for our profession, educate our future counselors, and provide professional development and other opportunities for our members and beyond. For example, the LPC insurance paneling survey that so many worked so hard on has been reviewed and provided to our lobbyist so that the results can be addressed in tangible ways. The lobbyist group already has relationships with many major insurers in the state, and conversations about LPC paneling can begin with those entities that have a stake in the issues. As the process continues, the hope is to advocate legislatively for increased inclusion of LPCs on insurance panels so as to foster their livelihoods and the amount of clients they can serve.

As always during this time of year, I am looking forward to seeing you all soon. If not before, mark your calendars for the fall conference on November 11-13, 2016. It is sure to be an exciting one! Your conference co-chairs and the executive council have been working hard to ensure that this is one of the best conferences PCA has ever had. We have had a record number of quality presentation proposals and are thrilled to bring back the pre-conference institute. Thanks to our colleagues in PALGBTIC for making that happen.

Finally...it is not too early! As Immediate Past President, I am looking for nominations for our next President Elect. I know this may be something that many of you have been thinking about doing at some point but may consider daunting. Well it can be sometimes, but more so it is an excellent opportunity for service, advocacy, and to initiate change. I think I can speak for the Past Presidents of late and say that we enjoyed our tenures, appreciated the opportunity, and had some fun as we presided over this terrific organization. So, if you are interested in nominating yourself or another member, please email me at [pdatti@yahoo.com](mailto:pdatti@yahoo.com) or track me down and talk to me at the conference!

*Paul*  
[pdatti@yahoo.com](mailto:pdatti@yahoo.com)



# Conference Co-chairs' Message:

*Linda Thompson, Lisa Corbin, & Abby Dougherty*

Greetings from your Conference Co-chairs!

We are in the midst of planning our big event and are hoping this year's conference will be our best yet! We had the largest submission of session proposals and, our registration numbers are up from last year. These facts inspire us to keep up with the many hours of preparation it takes to bring you a quality conference. Thank you to all who have helped and for the patience so many of you have shown.

We are very excited to have James Alexander as our keynote speaker on Saturday. Dr. Alexander is a professor at the University of Utah and founder of the internationally acclaimed Functional Family Therapy Model. The FFT model has received international recognition for its outcomes in helping troubled youth and their families to overcome delinquency, substance abuse, and violence. It is a short-term treatment strategy that is built on a foundation of respect of individuals, families and cultures, but that includes powerful treatment strategies that pave the way for motivating individuals and families to become more adaptive and successful in their own lives. In doing so, FFT helps to save families while at the same time preventing crime and victimization in communities.

PALGBTIC is sponsoring a Pre-Conference Institute: LGBT Affirmative Practices from 1:00 - 4:00 pm on Friday. This institute will allow Participants to receive three additional contact hours of continuing education. All in all, the PCA Conference permits participants to earn over 12 CE's! Please register at <http://www.pacounseling.org/aws/PACA/pt/sp/conference>.

We are still in need of student volunteers, so please send any students who are interested in attending the conference for only \$50 and staying at the hotel for an extremely discounted rate to Lisa Corbin at [licorbin@holyfamily.edu](mailto:licorbin@holyfamily.edu). We would also like to ask you or your organization to consider sponsoring a page in the conference packet, a table at our expo, etc. PCA welcomes advertisers, exhibitors and sponsors. To inquire regarding these opportunities, please email Linda Thompson at [pca.programs@gmail.com](mailto:pca.programs@gmail.com).

Lastly, the only thing missing at our 48th Annual PCA Conference Celebrating Creativity and Ingenuity in Counseling on November 11-13, 2016 at the Penn Stater Conference Center Hotel in State College, PA is YOU! Register before September 30<sup>th</sup> to be qualified for early-bird registration! Looking forward to seeing you there! See Next three pages for Conference Workshops.

SATURDAY

| 8:30 – 9:30   | 9:40 – 11:40   | 9:40-10:40   | 10:45-11:45   | 1:45 – 2:45  | 3:00 – 4:00   |
|---|--|--|---|--|---|
| <p><b>10 Tips for Promoting the Success of First Generation College Students</b><br/>                     Krista Malott, PhD;<br/>                     Stacey Havlik, PhD</p>   | <p><b>Women and Domestic Violence: A Wheel to Guide the Empowerment Process</b><br/>                     Astra B. Czerny, PhD, LPC, NCC</p>  |  |   | <p><b>Competently Working with Transgender and Gender Non-Conforming Adults: Strategies for Trans-affirmative Counseling</b><br/>                     Audrey Ervin, PhD;<br/>                     Brian Mullan, BA</p>   | <p><b>The Experience of Trauma in Prisons and Jails: Implications for Counselors Supporting Clients With Histories of Incarceration</b><br/>                     Lindsey Fullmer, MEd, CRC;<br/>                     LaMEd, NCC;<br/>                     Latoya Haynes-Thoby, Med, NCC</p> |
| <p><b>Getting to the Heart of the Matter: Understanding relational satisfaction factors in heterosexual and LGBTQ relationships</b><br/>                     Heather L. Putney, LMFT, CSAT;<br/>                     Michael Stephens, MA, NCC;<br/>                     Michelle Aulthouse, MA</p>   |  | <p><b>Creative Approaches to Working Adolescents who Self-Injure</b><br/>                     Michelle Bruno, PhD;<br/>                     Elizabeth Sarraf, BS</p> | <p><b>Adolescent Comorbidity: Challenges in Assessment, Diagnosis and Treatment</b><br/>                     James K Matta, Sr, EdD, LPC, NCC; Amanda C Prugar, MA, NCC</p> | <p><b>Oh No! My Client Has Experienced Trauma. What Now? A Note to Counselors Treating Clients With Trauma Histories</b><br/>                     Latoya Haynes-Thoby, MEd, NCC;<br/>                     Peihuan Liu, MEd, NCC;<br/>                     Ying Yang, MEd, EdS, NCC</p> | <p><b>Interpersonal Neurobiology in Couples Counseling</b><br/>                     James M. Hepburn, PhD;<br/>                     Nicholas Summa, MA</p>  |
| <p><b>State of the Union in Distance Counselor Education and Supervision: Myths, Lingering Suspicions, and Creative Opportunities</b><br/>                     Jonathan Impellizzeri, PhD, LPC, ACS, NCC, DCC;<br/>                     Deedre Mitchell, PhD, LPC, NCC;<br/>                     Angela Dalton, BA;<br/>                     Jennifer Aumen, BS</p> | <p><b>A Dress Rehearsal for Sessions: Applications of Psychodrama in Counseling</b><br/>                     Alexa R. Claypool;<br/>                     Chad T. Losinger BS;<br/>                     Claire Dandeneau, PhD</p> |  |   | <p><b>Generational Changes in Work Values</b><br/>                     Kevin Duquette;<br/>                     Kristen Carnevale, MA, NCC, CCMHC</p>  | <p><b>Using Alternative Assessments in Counselor Education Programs</b><br/>                     Monir F. Morgan, PhD, ACS, LPC, NCC, DCC, ACS</p>  |
| <p><b>Military Children Resilience: Implications for School Counselors and Counselor Educators</b><br/>                     Dr. Nicole M. Arcuri, ACS, LPC, NCC, DCC, SAC</p>   | <p><b>Considering Self-Compassion in Addressing Academic Burnout</b><br/>                     Kristen Carnevale, MA, NCC, CCMHC</p>  |  |   | <p><b>Using Technology to Train Site Supervisors in a Creative Format</b><br/>                     Cheryl Neale-McFall, PhD, LPC, NCC;<br/>                     Vicky McCoy, PhD, NCC;<br/>                     Matthew Snyder, PhD, LPC, NCC</p>                                      | <p><b>Integrating Creativity into Counseling: Using Art Therapy and Dance/Movement Therapy with an Adult with ASD</b><br/>                     Elizabeth McNamara, LPC, BC-DMT, NCC;<br/>                     Dawn Morningstar, MA, BC-DMT, NCC, LPC</p>                                    |

|  |   |   |   |  |   |
|--|---|---|---|--|---|
| <p><b>Bringing Mindfulness Into Therapy: Practical tools to help you and your client</b><br/>Jessica Janze, MA;<br/>Tara Elliot, MA</p>  |   | <p><b>School Counselors' Roles in Serving Students Experiencing Homelessness</b><br/>Dr. Stacey Havlik;<br/>Emma Wilson</p> | <p><b>Can We Pay Off Student Loans: Guiding High School Students to Career Readiness</b><br/>Michelle Colarusso, MA, NBCC;<br/>Ross Drnjevic, BS, EIT</p> | <p><b>Contemporary ethics issues for counselors working in pastoral or religiously-oriented settings: reflections and best practices</b><br/>Fr. Jocelyn Gregoire, CSSp, EdD; NCC, LPC, ACS;<br/>Chrissy Jungers, PhD, LPCC-S, NCC</p> | <p><b>Creative Use of the Standardized Patient Lab for Developing Clinical Interviewing Skills</b><br/>Sherry W. Goodill, PhD, BC-DMT, NCC, LPC;<br/>Abby Dougherty, MS, NCC, LPC</p> |
| <p><b>The Effect of Indian Classical Music on Stress levels of Students</b><br/>Archita Bhalotia<br/>Shamshad Ahmed, PhD</p>   | <p><b>Combining Body-Based Therapy and Play-Based Therapy in the Treatment of Trauma</b><br/>Susan M. Featro, EdD<br/>Melissa Gericke, BA</p> |   |   | <p><b>Standing up for Counseling: The Importance of professional advocacy</b><br/>Travis W. Schermer, LPC</p>  | <p><b>Cognitive behavior therapy for anxiety disorders in youth</b><br/>Elizabeth A. Gosch, PhD, ABPP</p>   |
| <p><b>Class Notes: The Creative Use of Music in MFT and School Counselor Education and Supervision</b><br/>Dr. James Huber, LMFT;<br/>Diane J Shea, PhD, LPC, NCP</p>  | <p><b>Spiritual Competence in Counseling: The Role of Counselor Self-Awareness</b><br/>Janet Muse-Burke, PhD</p>                              |   |   | <p><b>Creative Strategies for Engaging Students and Enhancing Counselor Training Programs: A Panel Discussion for PACES.</b><br/>Jennifer Barna, PhD, NCC</p>  | <p><b>Adding the Practitioner's Voice to Counseling Research</b><br/>Robin S. Archer, MA, LPC</p>   |
| <p><b>Bridging the Gap Across Cultures: Multicultural Play Therapy</b><br/>Gustavo Barcenas, M.S.</p>  | <p><b>Creative Mindfulness strategies for Non-Traditional Populations</b><br/>Lisa Corbin, MS, NC Diana Piperata, PhD</p>                     |   |   | <p><b>Functional Family Therapy</b><br/>Helen M. Midouhas, MS Ed, LPC</p>  | <p><b>Transgender Life in College</b><br/>Dominick Petitto, BS;<br/>Paul A Datti, PhD, CRC</p>  |
| <p><b>Creativity, Ingenuity, and the Collaborative Cohort Model in Counselor Education Programs</b><br/>Matthew S. Mutchler, PhD<br/>Audrey Ervin, PhD;<br/>Allison Buskirk-Cohen, PhD;<br/>Chris Walter, MA</p> | <p><b>Interventions for Providing More Effective Supervision</b><br/>Paula Kauffman Oberly, LPC, NCC</p>                                      |   |   | <p><b>Making Role-Plays Realistic: Applying a Created Family Strategy to Counselor Training</b><br/>Matthew S. Mutchler, PhD</p>   | <p><b>Competencies for Counseling and Advocating for Multiracial Couples and Families</b><br/>Mark E. Kenney MEd, LPC, NCC</p>  |

4:15-5:45 (Division & Chapter Meetings and PCA Journal Editor Meeting)

**SUNDAY**

|   |  |
|---|--|
| <p>9:00 – 10:30 AM (Ethics Learning Institute)</p>  | <p>10:30 – 12:00 PM</p>  |
| <p><b>A Review of Disciplinary Actions and Ethics Violations: What Can be Learned from Them</b><br/>Gregory Roth, PhD, LPC, NCC</p> | <p><b>The role personal and professional values play in cultural and clinical issues in counseling ethics</b><br/>Richard Joseph Behun, Ph.D., LPC, NCC, ACS; Sarah Davis, B.A.</p>    |
|   | <p><b>Exploring Issues, Questions and Concerns Related to the Pennsylvania Code with Graduate Students</b><br/>James K. Matta, Sr, EdD, LPC, NCC &amp; Paul L. West, EdD, LPC, NCC</p> |

**Posters (30 minutes; will be held during the reception on Friday night)**

|   |  |
|---|--|
| D. Nancy R.F. Miller PsyD   | Creating Opportunity after Crisis: Examining the Development of the Post-Earthquake Haitian Mental Health Care System                  |
| Jennifer M. Toby, Med;<br>Karen L Dickinson, PhD,<br>Molly K Topp, BA   | Thinking Outside the Box: Implications for School Counselors Working with Bullying Behaviors in an Evolving World                      |
| Fatemeh Dehghan Manshadi, Student   | The association between cyberbullying and suicidal ideation in adolescents   |
| Bradley A Janey, NCC, LPC;<br>Tara L Clifford, BS   | Male victims of sexual assault: Our clinical blind spot  |
| Karen L. Dickinson, PhD;<br>Dylan J Metz, BA  | Professional School Counselors: Where are the Males?!  |
| Casey Meiser, MA;<br>Michael Morrow, PhD  | A Qualitative Investigation of Peer Mentoring to Support LGBTQ Students with Bullying  |
| Sarah Dalton, PhD, LPC, NCC   | Creating and Implementing Programs for Queer Individuals to Thrive   |
| Peihuan Liu, MEd, NCC;<br>Ying Yang, ME/EdS, NCC  | When Your Biography Becomes Your Biology: How Childhood Trauma Impacts Neurodevelopment And The Clinical Implication For Counselors.   |
| Adina Rosenberg, MCAT, BC-DMT, LPC  | The Creative and Therapeutic Potential of Cooperative Games  |
| Minjung Chae (PhD candidate, Penn State);<br>Mi Jin Yang & Jun ho Yu (Korea Youth Counseling & Welfare Institute);<br>Sung Yoon Park (Korea University) | Development of a Cyber Counseling Model in South Korea   |
| Kaitlyn Schneider, MS, NCC  | Toward Developing a Rater-Based Method of Assessing Secondary Attachment Strategies in the Maternal Fetal Attachment Relationship      |
| Melissa M. Gericke, BA;<br>Richard Joseph Behun, PhD, LPC, NCC, ACS   | An Interfaith View of Possession as it Relates to the Mental Health Professional   |
| Janet L. Muse-Burke; Emy Monday, MA   | Addressing Harmful Clinical Supervision: Creating a Culture of Student Advocacy  |
| Taylor McMillen, Claire Dandeneau   | Title: Addressing the unspoken relationship needs of ACOD:<br>Conceptualization and intervention for young adult clients               |
| Wanda Ruiz  | Working with Latino Clients  |
| Whitney Moore, BS   | Effective School Counseling for Attention Problems in Elementary (ESCAPE): New and Practical Application for ADHD Treatment in Schools |
| Sarah Szarzynski,<br>Gregory Roth, PhD  | Reframing research in other countries: The role for Counselors in adapting evidence-based practices to other cultures                  |
| Brittany L. Pollard, PhD;<br>Michelle Bruno, PhD, LPC,<br>Ashley Deurlein, MEd,<br>Connie Kramer, MA, LPC   | Building Cohesive Groups: Creative Strategies for Clinical Mental Health & School Counselors   |
| Erin E. Neuman-Boone, PhD;<br>Anthony M Boone, PhD, LPC   | The obesity epidemic and binge eating disorder: What counselors need to know about obesity and mental health.                          |
| Constance R. Matthews, PhD, NCC, LPC  | Using Motivational Interviewing and Stages of Change to Teach Cultural Competence  |
| Michelle L. Steimer MA, LPC, NCC;<br>Peggy Lorah, DEd, NCC, LPC   | Building Counselor Confidence in Working with the Military Population  |

# From the desk of PALGBTIC

*Ryan Gruber*  
President

## LGBTQIQ Youth and Suicide Awareness Month

Written by Mark E. Kenney M.Ed., NCC, LPC , Chestnut Hill College

Research assistance by Cathryn Gabrielli BS ,Chestnut Hill College

In case you were not aware, September is "Suicide Awareness Month" which has significance to our family as we are survivors of suicide. I would like you to take a moment to remember those who have died by suicide and their loved ones who have been living with this loss of a loved one. With this personal connection, I want to share as an "aspiring" ally, the need for all helping professionals to be aware of the intersectionality of this topic with our LGBTQI youth.

According to the Center for Disease Control (2016), the rate of suicide attempts for LGB youth is four times greater than for straight youth, while it is two times greater for Questioning youth in comparison with straight youth. In addition, this report found that suicide attempts by LGB and Question youth were four to six times more likely to result in injury, poisoning, or overdose that required medical attention than their straight youth peers ("Facts About Suicide", 2016). Although the youth within this community have been identified as a "high-risk" group, this does not diminish the risk factors for all members of this community throughout the life span. According to the 2010 National Transgender Discrimination Survey, 41 percent of transgender and gender non-conforming adults had attempted suicide (Murchinson, 2016). This rate was higher (60 percent) for adults who had been physically or sexually assaulted because of their gender (Murchinson, 2016). According to the Human Rights Commission, the disproportionate rate of suicide that affects the LGBTQ community is due to stigma, abuse and harassment (Murchinson, 2016).

I realize that the information that I've provided is a review for some people, but it may be new to others. Please take a moment to review the competency standards that we are all expected to know and utilize in our practice with this population.

Competent Counselors Will:

Know that the normative developmental tasks of LGBQQ youth, adolescence, young adults, middle adults, older adults, may be complicated, delayed, or compromised by identity confusion, anxiety and depression, suicidal ideation and behavior, academic failure, substance abuse, physical, sexual, and verbal abuse, homelessness, prostitution, and STD/HIV infection.

Where would you rate yourself in meeting this standard in terms of your Awareness, Attitudes, Knowledge, Skills and Action as per the Multicultural Counseling Social Justice Competency Model?

Would you be aware and knowledgeable the the risk factors for suicide in general and this specific population? Please check out the following link regarding these salient factors, <http://www.thetrevorproject.org/pages/risk-factors>.

Are you aware and knowledgeable regarding the salient protective and resilient factors for LGBT youth? From a developmental perspective, these factors and strengths occur within oneself, one's families, one's school and one's community. According to Dugenia (2016), high levels of family acceptance are a significant predictor of positive reports health and wellness, while low levels of family acceptance are found to be a significant predictor for high reports of depressive symptoms. In addition to family, friend and community support were also found to be strong



# From the desk of PALGBTIC

**Ryan Gruber**  
President

*continued from page 10*

predictors of positive outcomes, in life situation, self-esteem and LGBT esteem (Snapp, Watson, Russell, Diaz & Ryan, 2015). According to Scourfield, Roen & McDermont (2008), common strategies related to resilience used by youth in their qualitative study, were focused upon the ideas that non-heterosexual orientations are “natural”; that the individual gains strength from resisting discrimination; and that the person gains strength through adversity. The most common strategy used involved finding safe places and safe people with whom to interact (Scourfield, et. al., 2008).

I have obviously just scratched the surface of this topic, but I hope that I have affirmed some of your previous learning, as well as provided you some things to consider when working with this population. If you are interested in learning more, then I encourage you to attend our division’s first pre-conference institute, *LGBT Affirming Practices* on Friday, November 11th from 1-4 p.m.

For additional details please use the following link: <http://www.pacounseling.org/aws/PACA/pt/sp/conference>

Resources:

Dugenia, A. P. (2016). *Family acceptance of lesbian, gay, bi, transgender: A protective factor for mental and physical health status in emerging adulthood*. Retrieved from Network Digital Library of Thesis & Dissertations. 10011273

Harper, A., Finnerty, P., Martinez, M., Brace, A., Crethar, H., Loos, B., Harper, B., Graham, S., Singh, A., Kocet, M. Travis, L. & Lambert, S. (2009). ALGBTIC competencies for counseling LGBQIQA. Retrieved from <https://www.counseling.org/docs/default-source/competencies/algbtic-competencies-for-counseling-lgbqiqa.pdf?sfvrsn=14>

Facts About Suicide. Retrieved from <http://www.thetrevorproject.org/pages/facts-about-suicide>

Murchison, G. (2016, September 1). *HRC Honors National Suicide Prevention Awareness Month*. Retrieved from

<http://www.hrc.org/blog/hrc-honors-national-suicide-prevention-awareness-month>

Scourfield, J., Roen, K. & McDermott, L. (2008). *Lesbian, gay, bisexual, transgender young people’s experiences of distress: resilience, ambivalence and self-destructive behaviour*. *Health and Social Care in the Community*. 16, (3), 329-336. doi:10.1111/j1365-2524.2008.00769

Snapp, S., Watson, R., Russell, S. Diaz, R. & Ryan, C. (2015). *Social support networks for LGBT young adults: Low cost strategies for positive adjustment*. *Family Relations*. 64, (3) 420-430. doi:10.1111/fare.12124



## From the desk of the Awards Committee:

*Lauren Ostrowski, MA, LPC, NCC, DCC & Ryan Gruber, MEd  
Committee Co-chairs*



## We all Know an Outstanding Counselor, Student, or Program: Help PCA Recognize our Professional Heroes!

We don't yet have the date for when nominations awards will be due next year. That will be coming soon. Please just take a look at the criteria and think about who you may nominate next year. This is our opportunity to showcase a few of our unsung heroes. Please consider nominating a colleague, program, or graduate student for an award. The award categories are listed below. Winners will be announced at the annual PCA conference luncheon.

*Lauren*

[Ostrowski.Lauren@gmail.com](mailto:Ostrowski.Lauren@gmail.com)

**PCA Outstanding Practitioner Award** -- Awarded to an outstanding professional counselor for service to the profession; nominees do NOT need to be PCA members.

**PCA Lifetime Achievement Award** -- Awarded to a PCA member who is a State of Pennsylvania resident and who has demonstrated outstanding dedication, service, and/or achievement in professional counseling.

**PCA Outstanding Administrator Award** -- Awarded to an outstanding institutional administrator who has demonstrated support of the professional counseling profession.

**PCA Outstanding Counselor Education Program Award** -- Awarded to an outstanding professional counseling program in the State of Pennsylvania.

**PCA Outstanding Graduate Student Award** -- Awarded to an individual who is currently a graduate student in professional counseling within the State of Pennsylvania and who shows excellent potential and professionalism; this individual shall be a PCA student member and shall have had some involvement with the association.

**PCA Outstanding Research/Publication Award** -- Awarded to a PCA member who has contributed to the professional counseling profession through outstanding effort in the area of research and/or publication.

**David W. Hall Advocacy Award** -- Awarded to an individual who has promoted the profession of counseling through advocacy to whom the many professional counselors in the Commonwealth of Pennsylvania are forever indebted.

# Reflections...

**Dara Schwartz**  
*Graduate Student Liaison*

It is an exciting time to be a student member of the Pennsylvania Counseling Association! Student members are welcomed to this community of professional counselors with open arms. Membership is far less expensive than most professional organizations, at only \$49 per year. Divisions for specialized interests only cost \$10 per year.

The robust offerings at the PCA Annual Conference offer students a unique opportunity to get outside the classroom and attend enriching meetings with the researchers whose work they study. Students can engage with the researchers in settings that don't exist in any other environment. I can imagine that many students would not want to put their research down long enough to attend a conference. I get that. The PCA Annual Conference is so enriching it pays divi-

dends and will actually fuel your research and invigorate your efforts when you go plug in to your work again. I promise. It is a recurring theme for students who attend the conference.

I am looking forward to seeing you at the PCA Annual Conference November 11-13, 2016 at the Penn Stater!

*Dara*  
[dschw552@live.kutztown.edu](mailto:dschw552@live.kutztown.edu)



## From the desk of Social Media...

**Abby Dougherty, M.S., NCC, LPC & Bonnie Steich, M.A., NCC, LPC**  
**Chairpersons**

Are you an LPC with a practice in PA? Are you holding a workshop or group and would like some support getting the word out? PCA wants to support counselors with their professional endeavors. Let us know. In the meantime, check us out at:



# Call for Papers: Journal of the Pennsylvania Counseling Association

Richard Joseph Behun, PhD  
Editor

**New in 2016! Earn up to 2 free Continuing Education credits by reading selected articles in each issue of *The Journal of the Pennsylvania Counseling Association (JPCA)*.**

## Call for Papers: Journal of the PA Counseling Association

The *Journal of the Pennsylvania Counseling Association (JPCA)* is a professional, refereed journal dedicated to the study and development of the counseling profession. The Editor invites scholarly articles based on existing literature that address the interest, theory, research, and innovative programs and practices of professional counselors. ***For our next edition of the JPCA, we are looking to publish manuscripts that focus on career counseling to complement a special section dedicated to the lifelong work of Dr. Ed Herr.*** All submissions are blind peer reviewed and authors should expect a decision regarding a manuscript within two months of acknowledgement of receipt. To review the Guidelines for Authors, please go to the PCA webpage: <http://www.pacounseling.org/jpca.php>. Manuscripts may be submitted via email to Dr. Richard Joseph Behun, JPCA Editor, at [pcajournal@gmail.com](mailto:pcajournal@gmail.com). The deadline for the fall/winter edition is October 31st, 2016.

## Call for JPCA Reviewers

Anyone interested in being a reviewer for the *JPCA* should send a letter-of-interest and CV to Dr. Richard Joseph Behun, JPCA Editor, at [pcajournal@gmail.com](mailto:pcajournal@gmail.com). This position is a unique opportunity to grow professionally and to contribute meaningfully to the PCA, the counseling profession, and the larger mental health field. Beyond contributing to *JPCA* and Pennsylvania professional counselors, reviewing manuscripts for *JPCA* also will greatly enhance your professional writing ability.

Thank you,

*Joe*  
[behun@marywood.edu](mailto:behun@marywood.edu)



# Looking for a Counseling Job? PCA CAN HELP!

## THE PCA CAREER CENTER IS NOW EVEN EASIER TO USE!

### The Career Center has moved to the public section of the PCA website!

At the Career Center, you'll find jobs that are specific to counseling professionals. These are targeted opportunities that can't be found on larger job board websites.

#### Why should you visit PCA's Career Center?

- Find positions targeted for counselors
- Post your resume anonymously
- Create personalized job alerts
- Save searches, store jobs, keep notes, communicate with employers through an internal messaging system, and more!



#### To Access the Career Center:

Go to

<http://www.pacounseling.org/>

- Click on the Career Center link.
- Upon entering the site, you'll be prompted to create a free account.
- Customer Service is available M-F from 7:30 a.m. to 7:00 p.m. EST.

**1-860-437-5700**

[support@jobtarget.com](mailto:support@jobtarget.com)

#### Want to Post a Job?

Check out the

#### **Employers Section**

for more information on advertising counseling positions.

The Pennsylvania Counseling Association is an organization of professional counselors who value a collegial community, continuous learning, service to others, visionary leadership, and a commitment to professional ethics and standards of practice.

## Advertise with us and get your message out to PCA members!

PCA Inc is distributed electronically 4 times annually to approximately 500 active PCA members. It is a great way to reach your target audience!

Please submit your AD as a JPEG, PDF or Word document (Word if it is text only). Please make sure it is print quality resolution or 300 dpi. Checks can be made out to the Pennsylvania Counseling Association and mailed to PO Box 8222, Philadelphia, PA 19101-8222. Members generally receive PCA Inc on the first of the month - October, January, April and July. Submission deadlines fall one month prior.

Submit your ad to:  
**PCA Newsletter Editor**  
[4pcanews@gmail.com](mailto:4pcanews@gmail.com)

| AD SIZE  | PCA MEMBER PRICE | NON-MEMBER PRICE |
|--|------------------|------------------|
| <b>1/4 PAGE AD</b><br>2.5" x 7.5" OR 5" x 3.5" | <b>\$60.00</b>   | <b>\$80.00</b>   |
| <b>1/3 PAGE AD</b><br>10" x 2.25"              | <b>\$80.00</b>   | <b>\$100.00</b>  |
| <b>1/2 PAGE AD</b><br>10" x 3.5" or 5" x 7.5"  | <b>\$120.00</b>  | <b>\$150.00</b>  |
| <b>1 FULL PAGE AD</b><br>7.5" X 10"            | <b>\$170.00</b>  | <b>\$200.00</b>  |

## 2016-2017 PCA Leadership

### Officers

**PRESIDENT:** [Charles Jacob](#) ♦ **PRESIDENT-ELECT:** [Linda Thompson](#) ♦ **PAST-PRESIDENT:** [Paul Datti](#)  
**TREASURER:** [Derek Parker](#) ♦ **SECRETARY:** [Kristen Hawk](#)

### PCA Divisions

|                 |   |
|-----------------|---|
| <b>PACAC</b>    | Pennsylvania Association of Child and Adolescent Counseling<br><a href="#">Danielle Moore</a>                         |
| <b>PACES</b>    | Pennsylvania Association of Counselor Education & Supervision<br><a href="#">Jennifer Barna</a>                       |
| <b>PALGBTIC</b> | Pennsylvania Association of Lesbian, Gay, Bisexual, & Transgender Issues in Counseling<br><a href="#">Ryan Gruber</a> |
| <b>PAMCD</b>    | Pennsylvania Association of Multicultural Counseling & Development<br><a href="#">Mark Kenney</a>                     |
| <b>PSCA</b>     | Pennsylvania School Counselors Association<br><a href="#">Dan Eskesen</a>   |

### PCA Regional Chapters

|              |  |
|--------------|--|
| <b>GPCA</b>  | Greater Pittsburgh Counseling Association<br><a href="#">Paula Kauffman Oberly</a> |
| <b>NEPCA</b> | Northeast Pennsylvania Counseling Association<br><a href="#">Larissa Volonis</a>   |
| <b>GPACA</b> | Greater Philadelphia Area Counseling Association<br><a href="#">Lisa Corbin</a>    |

### PCA Committees

**Archives**  
[Mark Kenney](#)

**Awards**  
[Lauren Ostrowski](#)

**Conference**  
[Linda Thompson](#)

**Ethics/By-Laws**  
[Gregory Roth](#)

**Finance/Budget**  
[Derek Parker](#)

**Government Relations**  
[Kristen Hawk](#) & [Nellie Scanlon](#)

**Graduate Student Liaison**  
[Dara Schwartz](#)

**Journal Editor**  
[Richard Joseph Behun](#)

**Marketing & Public Relations**  
[Emily Weisser](#)

**Membership**  
[Eric Owens](#) & [Debra Hyatt-Burkhart](#)

**Newsletter Editor**  
[Minna Davis](#)

**Nominations & Elections**  
[Michelle Bruno](#)

**Past Presidents**  
[Brad Janey](#)


**Professional Development**  
[Ashley Deurlein](#)

**Social Media**  
[Abby Dougherty](#)

**48th Annual  
PCA Conference  
Nov 11-13, 2016  
State College, PA**



**Penn Stater Hotel & Conference Center**



**PENNSYLVANIA COUNSELING  
ASSOCIATION**  
*A Branch of the American Counseling Association*

PCA  
 PO Box 8222  
 Philadelphia, PA  
 19101-8222

Email: [PAcounselingAssociation@gmail.com](mailto:PAcounselingAssociation@gmail.com)  
 Website: [www.pacounseling.org](http://www.pacounseling.org)

Registration soon to open on-line at [www.pacounseling.org](http://www.pacounseling.org).