

PCA Conference Full Session Schedule

Friday November 3rd, 2023

POSTER SESSIONS 6:00-7:00PM	
Session Title	Presenters
Analyzing Mental Health of Undocumented and Documented Hispanic and Lation/a/x/e College Students	Anne K. Murphy & Paul A. Datti
Spirituality and Religion as a Protective Factor for LGBTQ+ Individuals who have Experienced ACEs	Anthony Vajda, Anne Ulizio
Exploring Advocacy: Military Deployment and Children	Ashley Shay, Kassidy Unger
What to do when the Help Needs Help	Claire K Rusoke & Brittany Hoover
Adlerian Counseling as a School-Based Mental Health Intervention	Courtney Alvarez, Melanie Kautzman, Rachael Smrekar, Cynthia Popovich, Jennifer O'Brien
Counselor Education and Emerging Aged Adulthood: Key Practical Considerations	Derek J. Parker & Alysha Blagg
Artificial Intelligence: Benefits and Drawbacks in Mental Health	Stephen Gitonga & Lisa Weaver
Preventing Child Sexual Abuse Through Improved Understanding and Treatment of People with Pedophilic Disorder	Giovanni P. DiJoseph & Richard Joseph Behun
Being Mindful of Equity in Clinical Mindfulness Trials: Centering Community Voices in Maintaining Cultural Accountability	Graham Dore
Addressing a Silent Epidemic: Holistic Treatment of Sex-Traffic Trauma	Jennifer Kaulius, Amanda Smicker, Talia Lugo
Ways to Increase Group Counseling Options for Clients	Kellie Forziat Pytel, Leandra Romero-Lucero, & Ashley A. Pechek
Bipolar Disorder Demystified	Kristen N. Smith
Utilizing Mindfulness and Bracketing to Address Spiritual and Religious Issues in Counseling: An Existential Phenomenological Model of Supervision for Supervisors and Counselor Educators	Luisa V. Nayhouse
Imposter Syndrome in Novice Counselors: Understanding Adverse Effects and Support Strategies for Supervisors	Marissa Wright
Deconstructing the Gender Binary: How History & Science Have Done Us Dirty	Matthew Mutchler, Alexandria Kazandijan, Elizabeth Hafft
Cultivating Presence – Contemplative and Reflective Practices in Counseling Education	Mike Shook
The Importance of Self-Advocacy for Mental Health Practitioners	Sarah Bell
Adult Attachment and Marital Satisfaction of Parents with a Child with Disabilities	Walter Chung, Jarrett Henderson, & Stephanie Chung
Cuerpomente: Practical Tools for Integrating Mental Health and Physical Activity	Carmen Aranda
Disordered Eating: The Non-Linear Road to Recovery	Jessie Halapa

Supporting Motherhood in Counselor Education Programs through Relational Mentoring	Justine Eicker
Teaching with a Posture of Humility: From the Classroom into the Counseling Room	Leslie K. Cogorno, Shawna Smithbauer, & Lauren Moss
Girl Scouts and Female Educational Attainment: Is there a Connection?	Mary L. Troy
Counselors and Cosplayers Unite!	Tora N Kincaid

Saturday November 4th, 2023

9:10-10:10AM		
Session Type	Session Title	Presenters
60 Minute Ed. Session	Common Ethical Issues in Counseling Practice and What to Do about Them	Kellie Forziat Pytel, Ashley A. Pechek, & Leandrea Romero-Lucero
60 Minute Ed. Session	Una Lucha Silenciosa: The Experiences of Postpartum Latinas Navigating an Inequitable Healthcare System	Anthony Vajda, Ashley Brown, Dania Cabello-Ruiz, & Jadziah Delamerced
60 Minute Ed. Session	Mental Health Counseling for People with Intellectual Disabilities	Ashleigh Johnson
60 Minute Ed. Session	Shared Decision Making and Client Agency – Collaborative Practices for Better Outcomes	Mike Shook
60 Minute Ed. Session	Anti-Racism Skills for White Counselors	Audrey Ervin, Amanda Rudolph, Christopher Maguire, & Jessica Sanfratello
60 Minute Ed. Session	Intersectionality and Advocacy: A Call to Supporting Counseling Values with our Voices	Brandon Tomlinson
60 Minute Ed. Session	A Call for Advocacy: Counselor Educators as Leaders in College Counseling Centers	Brittany Hoover & Mariah Zur
60 Minute Ed. Session	Unmasking Medical Trauma: Equipping Counselors as Advocates for Healing	Krisy Elrod
60 Minute Ed. Session	PCA Government Relations: Legislative Advocacy for Professional Counseling	Madeleine Stevens, PCA Government Relations Committee
60 Minute Ed Session	Clinical Supervision: Competency, Expectations, and Requirements (or Lack Thereof)	Mallory Tanis
60 Minute Ed Session	“I Hear You”: Exploring the Lived Experience of Counselors’ Empathic Response to Clients when Conducting Telephonic Counseling During COVID-19	Michael Sickels
Roundtable	Growing from experience: Advancing Client Care Through Vulnerability	Chad Losinger, Christopher Cooper, Tammy Ahn Hock
Roundtable	It Begins with Us: Decolonizing Our Approach to Counselor Education	Brittany L. Pollard-Kosidowski, Tina Ciampa
Roundtable	An Interpretive Phenomenological Analysis of Counselor Education and Supervision Comprehensive Exams: Implications for the Future	Bentley Eskridge

Roundtable	Advancing the Profession of Counseling through Post Licensure Supervision	Angie Conrad, Holly Branthoover
Roundtable	Elevating Your Clients Who Are Already Getting High; Advocacy and Bias in an Era of Medical Marijuana	Alyssa Reed
Roundtable	What's poppin with Gen Z counselor identity	Nicole Hall, Ashley Simmons, Seth Markwalter
10:20-11:50AM		
Session Type	Session Title	Presenters
90 Minute Ed. Session	Enhancing Multicultural Counseling Supervision: A Comprehensive Approach to Broaching Race, Ethnicity, and Culture	Autumn Goodson
90 Minute Ed. Session	Trauma-informed counseling with children utilizing polyvagal theory	Courtney Alvarez, Maha Alahmad
90 Minute Ed. Session	Advocacy for Adolescent Substance Users: Addressing the Stigma	Dennis Winkler, Maia Hawk
90 Minute Ed. Session	Earning an XP Boost: The Importance of Gamer Identity & Gamification of the Counseling Process	Stephen Kuniak, Luke Nero, Claire Lesney, Tiffany Sims, Rivka Dattlo, Peyton Phillips, Brittany Riffle
90 Minute Ed. Session	The Art and Science of Emotional Freedom Techniques	Joan Kaylor
90 Minute Ed. Session	Overburdened and Underpaid: Advocacy for Counseling Interns	Jocelyn Balan Lopez, Emily Easter
90 Minute Ed. Session	Establishing and Growing a Qualitative Research Team for Counselor Educators Using the Conceptual Mapping Task (CMT)	John King
90 Minute Ed. Session	Human Trafficking: From Prostitute to President - An educational case study of healing and survival	Joseph Birli
90 Minute Ed. Session	Elevating Clinical Supervision to Foster Growth and Change	Kelley McNichols
90 Minute Ed. Session	Inclusion Without Imposition (Part II): Advocating for Religious & Spiritual Competency through a Case Conference Panel (The PASERVIC sponsored presentation)	Lewis Johnson, Tim Hanna, Dayna Pizzigoni
1:00-2:00PM		
Session Type	Session Title	Presenters
60 Minute Ed. Session	Same Treatment Different Decade: Isn't it Time to Change Addiction in Counseling?	Brittany Sager-Heinrichs
60 Minute Ed. Session	Counseling & Money: Advocating for Your Financial Well-Being	Cori White
60 Minute Ed. Session	Cultural Drama and the Role of Counselors	Curtis Taylor
60 Minute Ed. Session	Countertransference with Chronically and Critically Ill Children in Healthcare Settings	Cynthia Vejar
60 Minute Ed. Session	Value Harnessing: A Supervision Approach for Value Reconciliation	Deedre Mitchell, Laura Martin, Denise Ebersole, Laurel Shaler

60 Minute Ed. Session	PACES Panel Discussion: Advocacy and Gatekeeping within Counselor Education and Supervision	Derek J. Parker & Nellie Scanlon
60 Minute Ed. Session	Triggered by Politics: Ethical Techniques for Providing Counseling to Politically Diverse Clients	Ellen M. Wilson
60 Minute Ed. Session	Providing a Voice: Supporting Clients Impacted by Incarceration	Kenya Johns, Anette Nance
60 Minute Ed. Session	Integrating Advocacy into Counselor Education Programs	Lisa Corbin, Jessica Carswell
60 minute Ed. Session	Counseling Clients in Poverty; Adopting a Social Justice Framework for Conceptualization	Mallory Wines, Lisa Zimmerman
60 Minute Ed. Session	Advocating for Counseling Via a Strong Professional Identity: Benefits for Clients and Counselors	Megan A. Whitbeck, Ben T. Willis
Roundtable	Antiracism, Diversity, and Inclusion: Starting the Conversation	Committee for Anti-Racism and Inclusive Action (CARIA)
Roundtable	Counselors' View of Emerging Adults – A Phenomenological Approach to Understanding How Counselors Work with Emerging Adults	Jean Albert, Matthew Nice, Michael Sickels
Roundtable	Creative Approaches in Counseling	Deborah Duenyas
Roundtable	We Might Be Sick But We Definitely Want Sex: A Counselor's Guide to Navigating Chronic Illness, Disability, and Sexuality	Amber Lynn Connell, Kyrsten Kennedy, Lexi Stolberg
Roundtable	Clear as mud: The value of clarifying professional counseling dispositions	Katharine Byrd, Jennifer Williams
2:10-3:10PM		
Session Type	Session Title	Presenters
60 Minute Ed. Session	Turning in to Our Own Experience: An Exercise in Embodiment	Brittany L. Pollard-Kosidowski & Brian Nuckols
60 Minute Ed. Session	Best of Both Worlds: Understanding the Native American Two-Spirit Identity and Implications for LGBTQ+ Practice	Paul Datti, Kalina Olson, Max Messenger
60 Minute Ed. Session	Advocacy in Action: Constructing the Culture Collective in an Online Counseling Program	Elisabeth B. Tomlin, Katie Burns, Emily Branch, Rivka Dattlo, JoHannah Newman, and Stephen Gitonga
60 Minute Ed. Session	IGNITE: An Alcohol Addiction Treatment Model Combining Nutritional, Group, and Individualized Interventions	Grafton Eliason, Rachel Chen, Mya Fetty
60 Minute Ed. Session	Perinatal Mood and Anxiety Disorders: What Every Counselor Needs to Know	Emily Spencer
60 Minute Ed. Session	School Counselor and Clinical Counselor Collaboration: Ethics and Best Practices	Lisa Mandia, Stephanie DePalmer
60 Minute Ed. Session	Just Breathe: Alleviate Anxiety, Distress, and Prepare Children for Counseling Work	Deedre Mitchell, Denise Ebersole, Laura Martin
60 Minute Ed. Session	Advocating for Self-Care for Counselors and Clients	Heather Barto

	by Teaching Meditation and Yoga Techniques	
60 Minute Ed. Session	Ushering a New Era of Understanding the Adolescent Brain: ABCD Study Findings	James K. Matta & Kerry Gragg
60 Minute Ed. Session	The Ethical Standard of Self-Care and its Impact on Personal Wellness	Richard Joseph Behun, Eric W. Owens, Ashley Deurlein
Roundtable	Holding Lots of Things at Once: A Broader Conversation About Client Advocacy	Joe Charette, David Loeffler
Roundtable	The Person of the Counselor Educator	Jennifer S. Park
Roundtable	Exploring the relationship between Adult Latina Daughters and their mothers	Geraldine Pena
Roundtable	Authoring Autistic Agency: Narrative Therapy and Neuroqueer Empowerment	Kaitlyn E. Myers-Brooks
Roundtable	Decolonizing Counselor Education: Anti-racist Pedagogy and Practices	Brittany Sager-Heinrichs
Roundtable	Clinical Counselors and School Counselors Interprofessional Collaboration	PSCA/PCA Collaboration
3:20-4:20PM		
Session Type	Session Title	Presenters
60 Minute Ed. Session	CSI Chapter Leaders Training	Jennifer S. Park, Bridget Asempapa, Matthew Nice, & Madeleine Stevens
60 Minute Ed. Session	A How to Guide: Utilizing Neuroscience as an Advocacy Tool for Counseling	Jennifer Williams, Angie Conrad, Kate Byrd
60 Minute Ed. Session	Elevating the Profession through Culturally Responsive Assessment and Diagnosis	Jill Krahwinkel
60 Minute Ed. Session	Best Practices for Online Counselor Educators: Using Technology to Keep it Personal	John A. King, Jody Vernam, Derek Parker, Denise Ebersole, Laura Martin, Deedre Mitchell
60 Minute Ed. Session	Elevating Clients Out of the School-to-Prison Pipeline	Joy Gray & Divine Lipscomb
60 Minute Ed. Session	Attachment Styles: How to Identify and Support Trauma Recovery	Allison Dukes
60 Minute Ed. Session	Revitalizing Recovery: Effective Treatment Planning for Survivors of Medical Trauma	Krisy Elrod
60 Minute Ed. Session	Propelling the Counseling Profession: Lessons learned from past advances	Mindy Heher, Victoria Taylor, Kerri Ahner, Kathleen Tito
60 Minute Ed. Session	“So you’re not going to be a doctor?” Asians in Mental Health Counseling & Barriers to Mental Health Help	Pensiri Kongkaw-Oden, Astha Tamang, Matthew Tran, Paribhu Thapa, Siyi Dong
60 Minute Ed. Session	Creating a LGBTQ+ Inclusive Practice	Sarah Dalton
60 Minute Ed. Session	Concrete Strategies for Social Justice Advocacy in Counseling: Moving from Knowledge to Action	Audrey Ervin, Brianna Morgis, Matt Mutchler, & Chris Walter
Roundtable	The youngest in the room: Preventing imposter syndrome for emerging adult counselors	LaDawn M. Myers, Jean Albert, Ellen Wilson

Roundtable	Advocating for Trauma-Informed Care	Kathy D. Richardson, Diane Walsh
Roundtable	YES, It's a thing! Affirming Clients with Chronic Pelvic Pain Conditions Through Self-Care & Advocacy	Elisabeth B. Tomlin, Liz Pensack, Jessica DiBernardo, Adriana de Raet
Roundtable	Advancing the College Counseling Profession: The College Counseling Symptom Scale Revised (CCSSr)	John R. Mathe, Kenneth Messina
Roundtable	Do We Hear Them: Learning How to Support Clients Impacted by Discrimination	Kenya Johns, Anette Nance
4:30-5:30PM		
Session Type	Session Title	Presenters
60 Minute Ed. Session	Working with Ambiguous Loss: Recognition and Resiliency	Leah Clarke
60 Minute Ed. Session	A Trauma-Informed Approach to Empower our LGBTQIA+ Identifying Clients	Lewis Johnson
60 Minute Ed. Session	Practice What You Preach: Self-care for Counselor Educators	Natalie A. Drozda, Jennifer Culver
60 Minute Ed. Session	'Top Down' vs 'Bottom Up' Trauma Treatment Interventions	Nicole Hall
60 Minute Ed. Session	Advancing the Profession by Removing Barriers to Practitioner Research	Robin S Archer, Rebecca A. Willow, Joseph Campasino
60 Minute Ed. Session	Trauma-Informed Supervision: Enhancing Safety, Trust, and The Supervisory Relationship	Shawna Smithbauer, Leslie Cogorno
60 Minute Ed. Session	When Students Bully the Gatekeeper: Academic Contrapower Harassment (ACPH) in Graduate-Level Counseling Programs	Kathy D. Richardson, Tom DeGeorge
60 Minute Ed. Session	Rehabilitation Counseling Training and Preparation: An Enhancement to Psychotherapy Practice	Samantha Herrick, Paul Datti, Rebecca Spirito Dalgin
60 Minutes	Advocating for Self-Care: Using Yoga and Meditation in Supervision	Heather Barto
Roundtable	Advocating Asian International Graduate Students Mental Health: Institutional, Departmental, and Practitioner levels	Mihee Woo
Roundtable	The Self-Compassionate Counselor	Jeremy Goshorn
Roundtable	LGBTQIA+ Spirituality, Religion, & Counseling Round Table	Pensiri Kongkaw-Oden, Emma Wright, Cassandra Ellsworth
Roundtable	Heroin and Heroine? The Interplay Between Trauma and Substance Use	Jessica L. Dodson, Laura A. Smith
Roundtable	Advocating for Pennsylvania's Service Members: Understanding Military Culture for Effective Counseling	Michelle Steimer, Alexandra Florence