DOWNTOWN LAWRENCE LOCAL GUIDE

TELLER'S RESTAURANT: 746 Massachusetts St. Occupying the building of the former First National Bank of Lawrence, Teller's is an upscale restaurant specializing in beef tenderloins, salmon, and Italian dishes. Also a great choice for lunch, with fantastic salads and \$5 wood-fired pizzas.

FREE STATE BREWERY: 636 Massachusetts St. Free State was the first legal brewery to open in Kansas in over 100 years when it moved into its downtown location in 1989. Home to a number of original craft beers, try the Ad Astra Ale or Copperhead Pale Ale, two flagship brews. In addition to a brewery, Free State is one of Lawrence's most beloved restaurants; the menu features a variety of items cooked and prepared with locally-produced ingredients.

THE JAYHAWKER BAR: 701 Massachusetts St. The Jayhawker sits inside the elegant Eldridge Hotel and features an extensive wine and martini list in addition to a menu featuring steaks, pasta, and seafood.

STARBUCKS: 647 Massachusetts St.

LA PRIMA TAZZA: 638 Massachusetts St. This coffee and espresso café boasts some of the best coffee in Lawrence. Try their Sumatra velvet blend or one of their many iced specialty drinks.

HENRY'S COFFEE SHOP AND UPSTAIRS BAR: 11 E. 8th St. This funky spot between Massachusetts and New Hampshire streets features a downstairs coffee shop and a cozy upstairs bar that overlooks 8th street.

PACHAMAMA'S RESTAURANT: 800 New Hampshire. This ornate upscale restaurant on the corner of 8th and New Hampshire features an always-changing menu focused on fresh local ingredients. Highlights include the citrus ramp-crusted scallops and wood-roasted duck breast.

STAR BAR AT PACHAMAMA'S: 800 New Hampshire. The Star Bar is connected to Pachamama's and offers some of Lawrence's best specialty cocktails and Free State beer drink specials.

715 RESTAURANT: *715 Massachusetts St.* This European-style bistro has quickly become one of Lawrence's most beloved weekend dinner spots. Start off with the rosemary flatbread appetizer or meatballs before finishing things off with spinach and ricotta ravioli, lasagna Bolog-

nese, homemade sausage pizza or seared and roasted chicken breast. They also offer a grilled steak salad and a sweet apple-pecan salad in addition to a number of wine options.

INGREDIENT: 947 Massachusetts St. Described as a "gourmet-fast casual restaurant" Ingredient prides itself on using all-fresh ingredients in its salads, pizza, burgers, and sandwiches.

RED LYON TAVERN: 944 Massachusetts St. This European-style pub is the place to go to catch a soccer game. In addition, it also features a popcorn machine, board games, and darts.

ZEN ZERO: 811 Massachusetts St. This Asian-noodle shop & restaurant features cuisines from Nepal, Tibet, Thailand, Vietnam, and Japan.

DEMPSEY'S: 623 Vermont. This burger-pub has an extensive beer list and some of Lawrence's best burgers. It's also a great place to watch sports.

GENOVESE: 941 Massachusetts St. Lawrence's premier Italian restaurant offers a "seasonal rustic" menu. The hot and cold pastas and pizzas are cooked on a wood-fired rotisserie imported from Italy.

ALADDIN'S CAFÉ: 1021 Massachusetts St. This Mediterranean Greek restaurant is known for its vegetarian options and Sunday lunch buffet.

INTORNO: 801 Massachusetts St. One of Lawrence's newest restaurants, Intorno offers "unpretentious" Italian food like baked lasagna and grilled chicken spidini.

The Burger Stand: 803 Massachusetts St. This Irish-pub kitchen is known for its exquisite burgers, French fries, and a variety of sauces. Try the egg burger.

La Parrilla: 724 Massachusetts St. La Parrilla is known for its Latin American cuisine from Mexico and Central and South America. Options include traditional tacos, rice bowls, quesadillas, enchiladas & molcajetes.

Sylas and Maddy's: 1014 Massachusetts St. This locally-owned handmade ice cream shop provides a dazzling selection of customizable options. Everything here is rich, creamy and hand-dipped. Go for a scoop of Blueberry Cheesecake or Chocolate Chip Cookie Dough.

The Bourgeois Pig: 6 E. 9th St. The Pig is dimly lit, intimate and cozy, offering a front patio and back porch where you can revel with the endless stream of regulars that wander in throughout the day. Scan the local art that lines the walls as you sip one of their famous caffeine-infused cocktails or their signature pour-over coffee.