## Injury Science Reciprocity Ring®

What is a Reciprocity Ring®?

A Reciprocity Ring® is a dynamic group exercise created by Dr. Wayne Baker at the University of Michigan that helps teams and groups of all sizes learn "pay-it-forward" principles while creating and cementing high-quality connections. The overarching goal is to build social capital and strengthen networks. Key objectives include:

- •Building a sense of mutual accomplishment among participants
- •Instilling the practice of reciprocity (give and take), and highlighting the importance of contribution and engagement among peers
- Helping meet specific individual and/or organizational needs
- •Exposing participants to the depth of resources available among their colleagues.

This event is hosted and sponsored by the Penn Injury Science Center at the University of Pennsylvania in partnership with the University of Iowa Injury Prevention Research Center and the Center for Injury Research and Policy at Nationwide Children's Hospital.

For more information contact: Sara Solomon, Penn Injury Science Center (215) 898-1489 | sarasol@upenn.edu Coming to SAVIR 2022: A free event to network, build social capital, and have fun!

Announcing SAVIR's annual Injury Science Reciprocity Ring® to build social networks, increase social capital, and ultimately cultivate long-term productive partnerships to grow the field of Injury Science.

Breakfast will be provided!

Thursday, March 31st 8:00 - 9:30 am Location TBD

Space is limited, so <u>register now</u> to reserve your spot.

## How does it work?

Participants complete a baseline survey prior to the event so we can assess the baseline professional network. In-person at the event, participants ask and offer help through an interactive activity:

- 1. Ask for help through an electronic platform (i.e. "teach me Stata" or "connect me to the Penn Injury Science Center")
- 2. "Asks" are posted as participants make offers to help by sharing their contact information 3. Participants exchange information, and a new social network is created based on responses

After the event, we help facilitate communication in order to promote long-term, productive partnerships.