

## Dancing with Family Ghosts: The Power of Emotional Cutoff

Join Healthy Congregations for a full-day event with Richard Blackburn, Executive Director of the Lombard Mennonite Peace Center in Lombard, Illinois.

Rev. Blackburn offers tools for navigating contentious times by exploring the impact of emotional cutoff on ourselves, churches, families, and communities in three insightful sessions:

- Separating Self from the Past: The Impact of Emotional Cutoff
- Reconnecting with the Past: Bridging Emotional Cutoff
- Focusing on Self: How Have You Experienced Cutoff in Family, Church and Society?

8:30am - 3:30 pm ET May 31, 2019 Register to attend online or in person in Columbus, OH

For details and registration visit www.HealthyCongregations.com