

# Impact of Camp Noah in 2016



Following a natural disaster, children and youth may face an array of stressful experiences, such as loss of homes or community resources, or injury or death of loved ones. Camp Noah provides a structured and safe environment in which elementary school-age children are encouraged to face their fears, grieve their losses, identify and share their unique gifts and talents, and plan for their future.

Camp Noah is a disaster recovery service offered by Lutheran Social Service of Minnesota (LSSMN), which provides a therapeutic camp experience in communities impacted by disasters. LSSMN hosts Camp Noah in disaster-impacted communities across the country with the mission to bring hope and healing to these communities.

See full report, "Supporting Children After a Disaster: An Evaluation of the Camp Noah program" for detailed results and methods.

#### Sources for this evaluation:

Camper Survey (N=754), Parent Survey (N=166), Follow-Up Parent Survey (N=50), Site Coordinator Survey (N=21), Local Volunteer Survey (N=45), Team Leader Survey (N=11), Team Member Survey (N=87), Mental Health Professional Survey (N=17).



24 camps and served 21 cities in 11 states

## The campers

Campers learn ways to relax, feel more prepared to handle stressful situations, and learn how to stay safe during stormy weather.



93% of campers learned ways to relax



92% of campers learned how to stay safe during stormy weather



93% of parents said their children feel more prepared for stormy weather or disasters



93% of parents said their children feel more prepared to handle challenges in life

> "My child has a stronger sense of safety. She also learned she's not alone." – Parent

" It gave her an opportunity to understand how others go through life situations and still be okay."

– Parent

"

## Children have fun!

C "Each day he learned something

me how to stay calm."

new and was very interested

and excited about sharing his

day. He is now not afraid when a storm comes. He shares with

Parent

Knowing that it can take time for communities to recover following a disaster, one of Camp Noah's goals is to provide a fun day camp for children. Kids & parents agreed!

97% of campers and 98% of parents



## Campers learn that they are special.

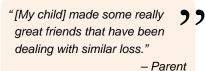


95% of parents said their children made friends at Camp Noah

CC "I learned that I am special and to always look forward to a better day."

- Camper

"My children have more confidence in their selves when it comes to trying new things." - Parent



# Camp benefits persisted.

Three months after camp, parents completed another survey about the enduring impact of the camp on their children.



#### Feeling special and confident

100% said Camp Noah helped their children feel good about themselves

96% felt that Camp Noah helped their children understand or know something that makes them unique



#### Improving social skills and relationships

94% reported that their children engage more with friends after participating in Camp Noah



#### Having the ability to handle challenges and using strategies to relax

92% reported that their children feel more prepared to handle challenges in life

**84%** felt that their children used the strategies they learned at Camp Noah to



#### Using their safe spaces and feeling prepared for stormy weather

90% reported that their children continued to use their safe spaces

98% said their children feel more prepared during stormy weather after participating in Camp Noah

96% said their children feel safer during stormy weather after participating in Camp Noah

## **Community Experience**

Camp Noah requires the active participation of volunteers and staff, including Site Coordinators, local volunteers, Mental Health Professionals, and Certified Camp Staff.

### Staff and volunteers gave Camp Noah high ratings.

NEARLY ALL local volunteers (98%) and Certified Camp Staff (99%), and all Site Coordinators (100%), would recommend Camp Noah to others as a positive service experience.

"I believe this is a well-run program **?** that definitely helps children to be resilient and hopeful for what is ahead in their lives. Thank you for all you do to plan, organize, and ensure these camps continue for children and families around the country!"

– Team Member



C "Our community was extremely thankful and honestly blown ??
away by the kindness of the program. Our lives are forever changed and I can say honestly even a little closer and stronger. And it is with that; that I am eternally grateful."

– Site Coordinator

ALMOST ALL local volunteers, Certified Camp Staff, and Site Coordinators would recommend Camp Noah to other communities as a post-disaster resource.

#### 96% of local volunteers

100% of Certified Camp Staff

100% of Site Coordinators



"I had many parents call/text me telling me how much fun their children were having all week. I was also impressed with our community because the parents provided supper for the staff members every night of the week!"

- Site Coordinator

"The experience benefited the children from the community and allowed the children to have an outlet to share their personal experiences."

- Mental Health Professional



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