

# Synod Mental Wellness & Recovery Task Force Presents at SynodFest 2013. . .

## *Equipping the Faith Community to Support Mental Health Recovery*

Mental illness has pervaded the news over the last year, bringing this common and frequently misunderstood disease to the forefront. In 2011, the Southern Ohio Synod Mental Wellness & Recovery Task Force was formed and began networking with experts in the field of mental health to equip and educate our congregations on their important role in the care and support of people in their congregations and communities who have some form of mental illness.

This free seminar will provide attendees with vital information, tools, and real life ways to love all of our neighbors and make a difference in the lives of those living with mental illness and their caregivers.

### **Did you know....**

**Mental disorders not only include Schizophrenia and Bi-Polar disease, but also encompass, Depression, ADHD, Autism, Seasonal Affective Disorder and Anxiety.**

**1 in 4 adults (approx. 57.7 million Americans) experience a mental disorder in a given year.**

**The ELCA is comprised of approximately 4 million members. Your chances of knowing someone who has or has a family member with a mental disorder is greater than you may realize.**

**Friday, June 7, 2013, 105 Shouplin Hall**

**10:00 am - 11:00 am**

Reneé Kopache, Coordinator of Wellness Management for the Hamilton County Mental Health and Recovery Services Board in Cincinnati, Ohio will discuss mental health recovery as a process of change through which individuals improve their health and wellness. Phases of recovery include: hope, empowerment, self-responsibility and discovering a meaningful role in life.

Reneé is both passionate about recovery and an inspiring speaker.

**11:00 am - 11:30 am**

Task Force members will take questions and share directives on how to develop recovery support groups in congregations.

### About Reneé

Reneé Kopache, MS, CPRP is the Coordinator of Wellness Management for the Hamilton County Mental Health and Recovery Services Board in Cincinnati, Ohio. She has assisted with numerous psychiatric rehabilitation and mental health recovery projects in Ohio and has conducted workshops, training, and keynote presentations throughout the United States. As an active member of the US Psychiatric Rehabilitation Association (USPRA), Reneé is a member of the Certification Commission, the People in Recovery and Conference committees and the president of the USPRA - Ohio Board. She is the recipient of the USPRA Isaiah Uliss Person in Recovery Advocate Award. Reneé is also a member of the American Psychological Association's Recovery Advisory Committee, and serves on various local and statewide committees/boards.

This seminar is FREE and open to all members of the Southern Ohio Synod.

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## *Equipping the Faith Community to Support Mental Health Recovery*

10 am, Friday, June 7, 2013, 105 Shouvlin Hall, Wittenberg University

This event was accidentally left off of the hard copy SynodFest 2013 registration form. If you have not already mailed in your hard copy registration and would like to come to this workshop, ***please fill out the form below and mail it, along with your hard copy registration, to Susan Barton-Nonno, 300 S. 2nd Street, Columbus, OH 43215.*** If you registered online or have already sent in your hard copy registration and wish to attend this workshop, ***please email or call Susan Barton-Nonno at [sbarton-nonno@southernohiosynod.org](mailto:sbarton-nonno@southernohiosynod.org) or 614.464.3532.*** She can update your registration accordingly.

Please note that pre-registration is not necessary for this event, BUT is requested so the workshop presenters can prepare enough handouts and have adequate seating set up for you in 105 Shouvlin Hall.

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***Yes! I would like to attend the Equipping the Faith Community to Support Mental Health Recovery workshop.***

Name: \_\_\_\_\_

Congregation/Agency: \_\_\_\_\_

Congregation/Agency City: \_\_\_\_\_

Email address: \_\_\_\_\_

Daytime phone number: \_\_\_\_\_

Mail to: Southern Ohio Synod  
Attn: Susan Barton-Nonno  
300 S, 2nd Street  
Columbus, OH 43215

