

SPRING CONTINUING EDUCATION SERIES

VIRTUAL EVENT | March 26-27, 2022

5 Oral/1 TPA NJSBO Credits/COPE Accredited

OMEGAs Beyond the Eye

**Complementary and Supplemental Therapies Addressing
Cardiometabolic Diseases**

Oral Pharmaceuticals for Eye Care

Pain Management with Opioids

This course satisfies the NJSBO 1 hour opioid credit requirement

Featured Speakers:

Diane Adamczyk, OD, FAAO, FNAP

Neda Gioia, OD, CNS[®], FOWNS

Don't miss the virtual exhibit hall & raffles!

Spring CE Seminar | Schedule & Pricing

SATURDAY, March 26, 2022 | 12:30pm - 4:30pm

- 12:30p – 1:00p **Exhibit Hall Opens** - Log in early and visit four (4) exhibit booths to be eligible for today's raffle prizes!
- 1:00p - 2:30p **OMEGAs Beyond the Eye**
Presented by Neda Gioia, OD, CNS®, FOWNS
1.5 hrs. NJSBO Oral Credits #129-2023 - COPE #76855-PH
- 2:30p – 3:05p **Sponsor + NJSOP Diamond, Gold, and Silver Partner Presentations**
Exhibit Hall Break
Raffle Drawing - Eligibility: Visit a minimum of four virtual exhibit booths today!
- 3:05p - 4:30p **Complementary and Supplemental Therapies Addressing Cardiometabolic Diseases**
Presented by Neda Gioia, OD, CNS®, FOWNS
1 NJSBO TPA & .50 Oral NJSBO Credits #128-2023 - COPE #76856-SD

SUNDAY, March 27, 2022 | 8:30am - 12:00pm

- 8:30a – 9:00a **Exhibit Hall Opens** - Log in early and visit the exhibit booths to be eligible for today's raffle prizes!
- 9:00a - 10:40p **Oral Pharmaceuticals for Eye Care**
Presented by Diane Adamczyk, OD, FAAO, FNAP
2 hrs. NJSBO Oral Credits #127-2023 - COPE #76858-PH
- 10:40a - 11:10a **Sponsor + NJSOP Diamond, Gold, and Silver Partner Presentations**
Exhibit Hall Break
Raffle Drawing - Eligibility: Visit a minimum of four virtual exhibit booths!
- 11:10a - 12:00p **Pain Management with Opioids**
Presented by Diane Adamczyk, OD, FAAO, FNAP
1 hr. NJSBO Oral Credit 126-2023 - COPE # 76859-PH
- 12:00p **Grand Prize Drawing**
Eligibility: Attend both days and visit 8 or more virtual exhibit booths

**This course satisfies the NJSBO
1 hour opioid credit requirement**

PRICING

2 DAY PRICING

Member OD \$120
Non-member OD \$180
Member Para \$25
Non-Member Para \$40

1 DAY PRICING (Sat. or Sun.)

Member OD \$85
Non-member OD \$127.50
Member Para \$15
Non-Member Para \$30

Spring CE Seminar | Course Descriptions

OMEGAs Beyond the Eye

Practitioners are often unaware of patient Omega-3 fatty acid prescriptions and how it can affect prescribing for ocular management. This course will discuss ways to improve multidisciplinary communication regarding Omega-3 fish oil prescribing, as well as, providing the practitioner with valuable information to make patient recommendations for the use of Omega-3 fatty acids in ocular health.

Complementary and Supplemental Therapies Addressing Cardiometabolic Diseases

Ocular complications are common with preventable chronic diseases such as Diabetes Type 2, cardiovascular disease, and hypertension. As optometrists, value is to help with mitigating progression with supplements and lifestyle changes. This course will provide the optometric physician with information about complementary and supplemental therapies to enhance patient maintenance and improve risk factors for advancement of cardiometabolic disease.

Oral Pharmaceuticals for Eyecare

This course discusses the pharmacologic considerations, use, application and latest in the literature on oral medications used in eye care. It provides the clinician with important tools to care for patients needing oral medications.

Pain Management With Opioids

This course satisfies the NJSBO 1 hour opioid credit requirement

The use of opioids in managing ocular related pain is based on the knowledge of the drugs, appropriate patient and drug selection and an understanding of the potential ramifications of using this class of drugs. This course will discuss all these aspects, bringing in the important pharmacologic principles that translates to patient care; the latest in evidence-based practice principles; and trends in opioid use and abuse.

Don't forget to visit our virtual exhibit hall during scheduled breaks to be entered to win raffle prizes!

Spring CE Seminar | Speakers



Neda Gioia, OD, CNS, FOWNS

Dr. Neda Gioia is a licensed optometrist with 15 years of clinical experience spanning 3 states. Her personal success in nutrition inspired her to pursue a formal education in functional medicine and clinical nutrition so that she could implement it into her practice. She is the founder of Integrative Vision, an optometry practice with a special emphasis on nutritional interventions and functional medicine modalities for eye health. Her approach to eyecare involves treating the body and optimizing her patients' foundation. With sight being such a high-level sense, Dr. Gioia believes one should maximize ways to improve quality of vision and reduce ocular disease risks. Her goal is to heal, educate, and, ultimately, empower her patients to achieve better health and a better life.

Dr. Gioia graduated from Rutgers University with a B.A. in Biology and Psychology followed by a doctorate in Optometry at SUNY College of Optometry in New York City. In the past 7 years she earned a certification in functional medicine, followed by achieving fellowship in the Ocular Wellness and Nutrition Society. She is a current board member of the Ocular Wellness, co-chairing the fellowship program. She also received a Certified Nutrition Specialist (CNS) degree as well as the completing the AFMCP module through the Institute of Functional Medicine. She received the distinguished the 2021 Theia Award of Excellence in Innovation and frequently guest podcasts in nutrition and optometric platforms.



Diane Adamczyk, OD, FAAO, FNAP

Dr. Diane Adamczyk is a Professor and the Director of Residency Education at SUNY, College of Optometry. She received her optometry degree from the Pennsylvania College of Optometry and completed her residency at the Newington Veterans Administration Hospital. In addition to her administrative responsibilities at SUNY, Dr. Adamczyk is the instructor of record for the ocular pharmacology course. She also sees patients and supervises students in the University Eye Center. Dr. Adamczyk lectures nationally and internationally and has written articles, chapters and coauthored the textbook, Primary EyeCare in Systemic Disease. She is the former chair of the American Optometric Association's Evidence Based Optometry Committee,

which is responsible for writing Optometry's evidence based clinical practice guidelines. She is actively involved in numerous professional organizations, is an American Board of Optometry Diplomate and currently on its Board. Dr. Adamczyk has received numerous recognitions, including the American Optometric Association President's Award, New Jersey Optometric Society of Physicians' Scientific Achievement Award and PCO's Alumna of the Year.



**Questions? Contact the NJSOP's Edna McKinney
at (609) 323-4012 x 114 or emckinney@njsop.org**